**Sand Relief™**

*Premium Quality Psyllium Supplement for Horses*

- Contains exceptionally pure natural psyllium seed husk, a highly soluble plant fiber
- Generates approximately twice the swell volume of standard psyllium products, so less can be given for the same results
- Ideal for horses grazing on sandy soil

**Psyllium, the Perfect Choice for Horses in Sandy Areas** Sand Relief contains exceptionally pure natural psyllium seed husk, a highly soluble plant fiber. Psyllium offers several advantages over other sources of bulk fiber. It has been studied in several species for its high degree of solubility (80%+), superior ability to retain water in the intestinal solution¹, improvement of VFA (volatile fatty acid) production in the hind gut², and excellent clearance of the intestine. Psyllium is ideal for horses grazing in sandy areas or in need of additional dietary fiber.

**A New Level of Purity** The ultra pure psyllium in Sand Relief is made from the highly filtered husks of selected psyllium seed. Virtually all of the residual non-soluble fiber found in most products is removed. Sand Relief concentrates exactly what you want in a psyllium supplement: pure soluble gel-forming fiber for maximum formation of the mucilaginous gel that gets the job done inside the horse.

**Swell Volume Test Shows Why Purity is Important** When psyllium is mixed with water, it expands into a lubricating “jelly” mixture. The expansion is greatest, and the “jelly” most lubricating, when the psyllium is very pure and soluble. Laboratories use this fact to conduct a standard evaluation of psyllium quality and gel-forming action, the swell volume test. Swell volume is the amount of mucilaginous gel produced by the addition of water. The psyllium sample is mixed with a specific quantity of water and the growth in volume is then measured over time to develop a score for the psyllium being tested. Sand Relief generates a swell volume approximately twice that of standard psyllium products. This means that Sand Relief can be given in smaller servings for outstanding economy with excellent results.

**Directions for use:** Enclosed scoop holds 4 ounces. Make sure horse has ready access to fresh water. For maintenance of horses grazing or in sandy areas: Each month, give one-scoop daily for seven days. For daily use: Give ½ scoop daily. Keep cool and dry. Reseal after each use. See package for complete instructions.

References:
2. Edwards CA, Eastwood MA. Caecal and faecal short-chain fatty acids and stool output in rats fed on diets containing non-starch polysaccharides Br J Nutr 1995, Vol 73, 773-781